

The Swimmer

Move as if you are powering through the water









The Bounder

Hop, skip, jump, or bounce with your body









Mimic your favourite Olympic ball sport try a basketball bounce, a football kick, or a tennis shot









The Bolt

Sprint to the finish! Run, wheel or whizz as fast as you can. On your marks!









Victory Pose

Finish strong with your very own victory pose. You're a champion!





