



# COMMONWEALTH GAMES

## LEGACY CHALLENGE

# PASSPORT



Learn facts about the Commonwealth countries as you travel the globe.

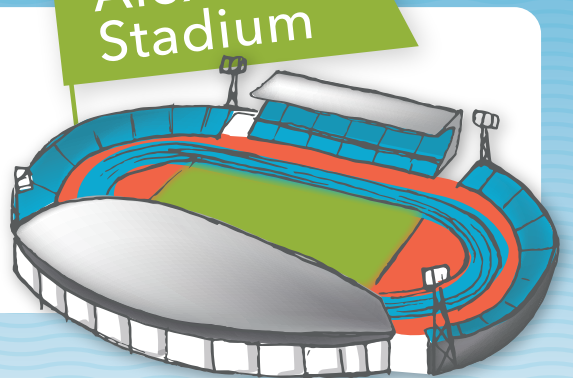
# BIRMINGHAM, UK



## Commonwealth Games Moment

Hannah Cockroft OBE is one of England's most successful wheelchair athletes. In the 100m she took gold in Birmingham ahead of teammates Kare Adenegan and Fabienne Andre that was Gold, Silver and Bronze for England.

Alexander Stadium



**FACT** The Commonwealth Games in Birmingham was the first games in history to give out more medals for females than males.

# CANADA



Niagara Falls

**FACT** Niagara Falls has the highest rate of water flow in the world. 5796 cubic metres of water fall over it every second.

## Commonwealth Games Moment

At 13 years old, Canadian diver Alexandre Despatie became the youngest Commonwealth Champion in history during the 1998 Games.

# JAMAICA



## Commonwealth Games Moment

Elaine Thompson-Herah won gold in the 100m sprint at the Birmingham games running the distance in 10.95 seconds!

## FACT

The fastest runner in the world, Usain Bolt, comes from Jamaica.



Montego Bay

# GUYANA



## Kaieteur Falls

### FACT

Guyana has the tallest waterfall in the world at 741 feet high over a single drop.



### Commonwealth Games Moment

Aliann Pompey from Guyana won Gold in the 400 metres at 2002 Games.

How many laps of the track is 400 metres?

# SOUTH AFRICA

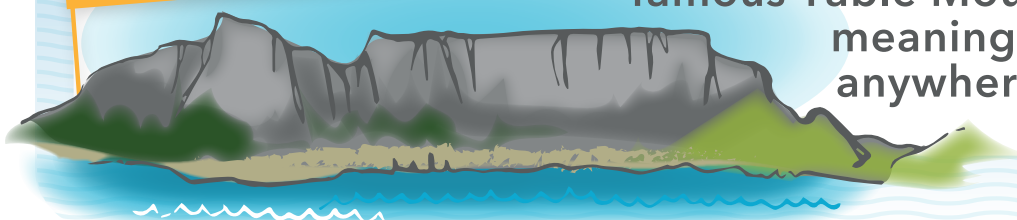


### Commonwealth Games Moment

South Africa won 7 gold medals at the Birmingham 2022 Games, one of which was won by Ndodomzi Ntutu who ran the 100m para-athletics T11 event (for athletes competing with a visual impairment).



## Table Mountain



Approximately 70% of the plants on the famous Table Mountain are endemic, meaning they are not found anywhere else in the world.

### FACT

# KENYA

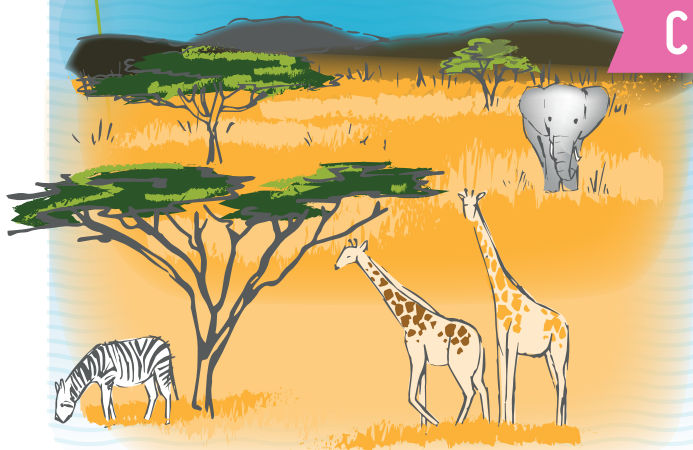


Masai Mara National Park

**FACT** The marathon world record is held by The Daily Mile's Ambassador, Eliud Kipchoge from Kenya.

## Commonwealth Games Moment

Kenya have won gold, silver and bronze in the men's 3000m steeplechase event at every Commonwealth Games since 1998... that is until Birmingham 2022, where Avinash Mukund Sable from India won silver.



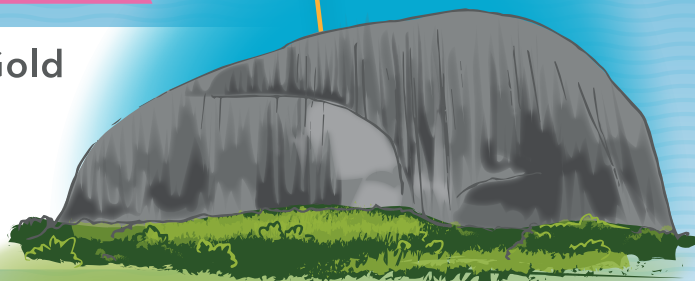
# NIGERIA



Zuma Rock

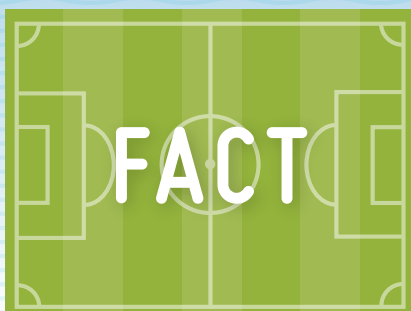
## Commonwealth Games Moment

Nigerian hurdler Tobi Amusan won Gold in Birmingham, just two weeks after setting a new world record at the World Athletics Championships in Oregon, USA.



**FACT**

Zuma Rock is nearly 8 football pitches wide and is so iconic it features on some Nigerian bank notes.



# INDIA

**FACT** India has 20 times more people living in the country than the UK and their main religion is Hinduism.

Taj Mahal



## Commonwealth Games Moment

At just 14 years old, Anahat Singh was India's youngest athlete competing at the Birmingham 2022 Commonwealth Games. Although she didn't win any medals playing squash, she did say the experience was "really exciting and so much fun."

# SINGAPORE

Marina Bay Sands



**FACT** Singapore is among the 20 smallest countries in the world.



## Commonwealth Games Moment

Badminton pairing Jessica Tan Wei Han and Terry Hee Yong Kai, won gold in the mixed doubles during the Birmingham 2022 games. Terry Hee Yong Kai was also the country's flag bearer during the opening ceremony.

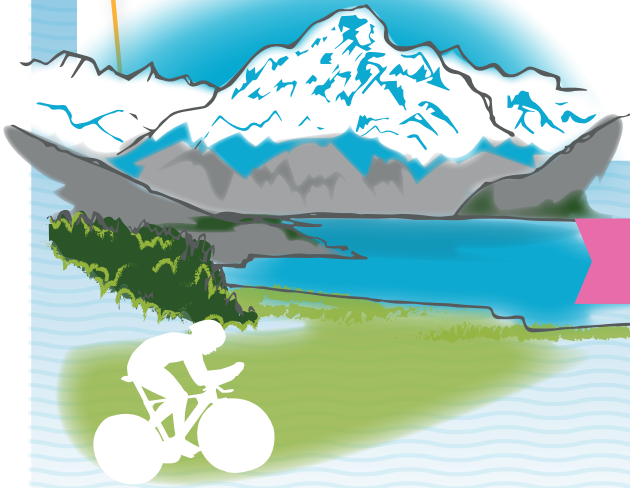
# NEW ZEALAND



Mount Cook

**FACT**

Mount Cook is New Zealand's tallest mountain at 3,754 metres above sea level. Emmeline Freda Du Faur became the first woman to climb the mountain in 1910.



**Commonwealth Games Moment**

New Zealand won 20 gold medals in Birmingham which is the most they've ever won since they began competing in 1930. Four of their medals were won by road and track cyclist Aaron Gate.

# VICTORIA, AUSTRALIA



Great Barrier Reef

**FACT**

Australia will be the next country to host the Commonwealth Games in 2026. Australia's Great Barrier Reef, is the world's largest ocean ecosystem. It is approximately the same size as Italy and over 10 million years old.



**Commonwealth Games Moment**

Swimmer Emma McKeon became the most decorated athlete in Commonwealth Games history winning eight medals at Birmingham 2022.